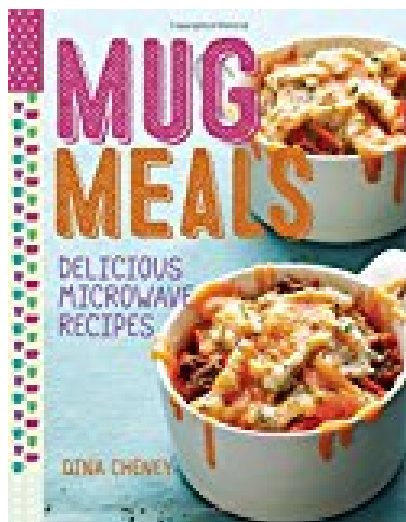


# Mug Meals Delicious Microwave Recipes

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## BOOK DETAILS

- Author : Dina Cheney
- Pages : 160 Pages
- Publisher : Taunton Press
- Language : English
- ISBN : 1627109161

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## BOOK SYNOPSIS

Collects recipes that use pantry ingredients, a mug, and a microwave to create meals in minutes, including apple pie oatmeal, eggs florentine, polenta lasagna, tuna noodle casserole, miso soup, ratatouille, and nutella cake.

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